

When in-home Backup Care can help with your mildly sick child.



Sometimes kids get sick. And sometimes it's on days you need to go to work. Good news: if your child isn't too sick, Backup Care can help. Consider these guidelines to know when Backup caregivers can safely and comfortably care for your mildly ill child.

Backup caregivers are trained to help.

All caregivers have completed our childhood health and safety training program, so they are able to care for children with mild illnesses. However, they're not medical personnel, and are present only to watch over, entertain, and delight a child who is a little bit under the weather. Only with signed permission and explicit instructions will caregivers give children medication.

So long as your child isn't too sick...

Caregivers will not come to a home in situations that make it likely that the caregiver herself could spread an illness to other children, such as:

- Head lice
- Coxsackie Virus (hand, foot & mouth disease)
- Untreated strep or conjunctivitis
- Stomach bugs
- Flu is handled on a case-by-case basis

Caregivers can typically care for children dealing with:

- Fever under 102 degrees (and on the decline)
- Teething or colicky behavior
- Ear infection
- Diarrhea
- Strep throat (when the child has been on antibiotics for 24 hours)
- Conjunctivitis (when the child has been on antibiotics for 24 hours)

Book Backup Care now.

Visit penn.care.com or call 855.781.1303

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