



## During this unprecedented time of uncertainty, TIAA is here for you

We're bringing together updates, insights and expert analysis in one go-to resource so it's easy for you to stay informed.

### Go to [TIAA.org/StayCurrent](https://TIAA.org/StayCurrent) for regular updates

You'll be able to stay up-to-date on market impacts and our latest thinking with articles, webinars and more to keep your financial planning on track. For instance, you'll get ideas and answers to questions like:

- What's driving market volatility?
- How can I weather the market swings?
- What does all this potentially mean for my financial plan?

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### Schedule a 1:1 session with a TIAA financial consultant

Call **800-732-8353** weekdays, 8 a.m. to 8 p.m. (ET)

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### Help when you need it

It's natural to be concerned in the current environment. Schedule a virtual or by-phone appointment with a TIAA financial consultant to discuss steps to take to feel more financially confident and secure.

**Check out [TIAA.org/StayCurrent](https://TIAA.org/StayCurrent), a resource for turbulent times. Make the link a favorite.**

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