

# Personal Choice

PHO



**Personal  
CHOICE®**

## Univ of Penn - PennCare

Personal Choice® our popular Preferred Provider Organization (PPO), gives you freedom of choice by allowing you to choose your own doctors and hospitals. You can maximize your coverage by accessing your care through Personal Choice's large network of hospitals, doctors and specialists, or by accessing care through preferred providers that participate in the BlueCard® PPO program. Of course, with Personal Choice, you have the freedom to select providers who do not participate in the Personal Choice network or BlueCard PPO program. However, if you receive services from out-of-network providers, you will have higher out-of-pocket costs and may have to submit your claim for reimbursement.

With Personal Choice...

- You do not need to enroll with a primary care physician
- You never need a referral

Benefits	In-Network PENNCare Network	Personal Choice Network	Out-of-Network Out-of-Network***
<b>BENEFIT PERIOD</b>	Contract Year*	Contract Year*	Contract Year*
<b>DEDUCTIBLE accumulates across PENNCare and Personal Choice networks</b>			
Individual	\$150	\$350	\$500
Family	\$450	\$1,050	\$1,500
<b>COINSURANCE</b>	90%, after deductible	80%, after deductible	60%, after deductible
<b>OUT-OF-POCKET MAXIMUM</b> <i>(includes deductible, coinsurance, and copay amounts accumulated across PENNCare and Personal Choice networks)</i>			
Individual	\$1,000	\$2,500	\$3,500
Family	\$3,000	\$7,200	\$10,500
<b>LIFETIME MAXIMUM</b>	None	None	None
<b>DOCTOR'S OFFICE VISITS</b>			
Primary Care Services	\$20 Copayment	\$25 Copayment	60%, after deductible
Specialist Services	\$30 Copayment	\$40 Copayment	60%, after deductible
<b>PREVENTIVE CARE FOR ADULTS AND CHILDREN</b>	100%, NO deductible	100%, NO deductible	60%, NO deductible
<b>PEDIATRIC IMMUNIZATIONS</b>	100%, NO deductible	100%, NO deductible	60%, NO deductible
<b>ROUTINE GYNECOLOGICAL EXAM/PAP</b> <i>1 per contract year for women of any age</i>	100%, NO deductible	100%, NO deductible	60%, NO deductible
<b>MAMMOGRAM</b>	100%, NO deductible	100%, NO deductible	60%, NO deductible
<b>EMERGENCY ROOM</b>	\$100 copayment, NO deductible (waived if admitted)	\$100 Copayment, NO deductible (waived if admitted)	\$100 Copayment, NO deductible (waived if admitted)
<b>URGENT CARE FACILITY</b>	Not available	\$50 Copayment	60%, after deductible
<b>RETAIL CLINIC</b>	Not available	\$30 Copayment	60%, after deductible
<b>OUTPATIENT LABORATORY/PATHOLOGY</b>	100%, NO deductible	100%, NO deductible	60%, after deductible

\* Your group's benefit period is based on a contract year. The contract year is a consecutive 12-month period that begins on your employer's effective date which is July 1, 2016.

\*\*\* Out-of-network, non-participating providers may bill you for differences between the Plan allowance, which is the amount paid by Personal Choice and the provider's actual charge. This amount may be significant. It is important to note that all percentages for out-of-network services are percentages of the Plan allowance, not the provider's actual charge.

The benefits may be changed by IBC to comply with applicable federal/state laws and regulations.



Benefits underwritten or administered by QCC Insurance Company, a subsidiary of Independence Blue Cross-independent licensees of the Blue Cross and Blue Shield Association.

[www.ibx.com](http://www.ibx.com)

Benefits	In-Network PENNCare Network	Personal Choice Network	Out-of-Network Out-of-Network***
<b>OUTPATIENT X-RAY/RADIOLOGY</b>			
Routine Radiology/Diagnostic	90%, after deductible	80%, after deductible	60%, after deductible
MRI/MRA, CT/CTA Scan, PET Scan	90%, after deductible	80%, after deductible	60%, after deductible
<b>ASSISTED REPRODUCTIVE TECHNOLOGIES (only at HUP)</b> <i>Invitro Fertilization limited to 2 cycles per lifetime</i>	\$30 Copayment for initial visit only, then 90% after deductible	Not Covered	Not Covered
<b>MATERNITY</b>			
First OB visit	\$30 Copayment for initial visit	\$40 Copayment for initial visit	60%, after deductible
Obstetrical/Maternity Care****	90%, after deductible	80%, after deductible	60%, after deductible
Hospital	90%, after deductible (including emergency admissions)	80% after deductible (including emergency admissions)	60%, after deductible <sup>1</sup>
<b>ELECTIVE ABORTION</b>	90%, after deductible	80%, after deductible	60%, after deductible
<b>INPATIENT HOSPITAL SERVICES</b>			
Facility	Covered 90%, after deductible (including emergency admissions)	Covered 80%, after deductible (including emergency admissions)	60%, after deductible <sup>1</sup>
Physician/Surgeon	Covered 90%, after deductible	Covered 80%, after deductible	60%, after deductible
<b>INPATIENT HOSPITAL DAYS</b>	365	365	70 <sup>1</sup>
<b>INPATIENT CONSULTATIONS</b>	90%, after deductible	80%, after deductible	60%, after deductible
<b>OUTPATIENT HOSPITAL SERVICES</b>	90%, after deductible	80%, after deductible	60%, after deductible
<b>OUTPATIENT SURGERY****</b>			
Facility	90%, after deductible	80%, after deductible	60%, after deductible
Physician/Surgeon	90%, after deductible	80%, after deductible	60%, after deductible
<b>ASSISTANT SURGEON</b>	90%, after deductible	80%, after deductible	60%, after deductible
<b>ANESTHESIA</b>	90%, after deductible	80%, after deductible	60%, after deductible
<b>SECOND SURGICAL OPINION (Voluntary)</b>	90%, after deductible	80%, after deductible	60%, after deductible
<b>AMBULANCE</b>			
Emergency	100%, NO deductible	100%, NO deductible	100%, NO deductible
Non-Emergency	90%, after deductible	80%, after deductible	60%, after deductible
<b>THERAPY SERVICES</b>			
Physical, Speech and Occupational 60 visits per contract year	\$30 Copayment	\$40 Copayment	60%, after deductible
Cardiac Rehabilitation 36 visits per contract year	\$30 Copayment	\$40 Copayment	60%, after deductible
Pulmonary Rehabilitation 36 visits per contract year	\$30 Copayment	\$40 Copayment	60%, after deductible
Orthoptic/Pleoptic 8 sessions lifetime maximum**	Not available	\$40 copayment	60%, after deductible
<b>RESTORATIVE SERVICES, INCLUDING CHIROPRACTIC CARE</b> <i>60 visits per contract year</i>	Not available	\$40 Copayment	60%, after deductible
<b>INJECTABLE MEDICATIONS</b>			
Standard Injectables	100%, NO deductible <sup>2</sup>	100%, NO deductible <sup>2</sup>	60%, after deductible
Biotech/Specialty Injectables	\$50 copayment	\$50 copayment	60%, after deductible
<b>CHEMO / RADIATION / DIALYSIS</b>	90%, after deductible	80%, after deductible	60%, after deductible
<b>OUTPATIENT PRIVATE DUTY NURSING</b>	90%, after deductible	80%, after deductible	60%, after deductible
<b>SKILLED NURSING FACILITY</b> <i>180 days per contract year</i>	90%, after deductible	80%, after deductible	60%, after deductible
<b>HOSPICE</b>	90%, after deductible	80%, after deductible	60%, after deductible
<b>HOME HEALTH CARE</b>	90%, after deductible	80%, after deductible	60%, after deductible
<b>INFUSION THERAPY</b>	90%, after deductible	80%, after deductible	60%, after deductible
<b>DURABLE MEDICAL EQUIPMENT****</b>	Not available	80%, after deductible	60%, after deductible

\*\* Visit, day and hour maximums are a combination of in-network and out-of-network services.

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\*\*\*\* Tubal ligation is covered at 100%, no deductible under PENNCare Network and Personal Choice Network.

\*\*\*\*\* Breast pump rentals are covered at 100%, no deductible under PENNCare Network and Personal Choice Network.

1 Inpatient hospital day limit combined for all out-of-network inpatient medical and maternity services

2 Office visit subject to copayment

The benefits may be changed by IBC to comply with applicable federal/state laws and regulations.

Benefits	In-Network PENNCare Network	Personal Choice Network	Out-of-Network Out-of-Network <sup>***</sup>
<b>PROSTHETICS</b> <i>includes coverage for wigs</i>	Not available	80%, after deductible	60%, after deductible
<b>CONTRACEPTIVE DEVICES</b>	100%, NO deductible	100%, NO deductible	60%, after deductible
<b>OUTPATIENT DIABETIC EDUCATION</b>	100%, NO deductible	100%, NO deductible	Not Covered
<b>MEDICAL FOODS AND NUTRITION FORMULAS</b>	Not available	80%, after deductible	60%, after deductible
<b>BLOOD</b>	90%, after deductible	80%, after deductible	60%, after deductible
<b>DIABETIC EQUIPMENT AND SUPPLIES</b>	Not available	80%, after deductible	60%, after deductible

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## What Is Not Covered?

- Services not medically necessary
- Services or supplies that are experimental or investigative except routine costs associated with clinical trials
- Hearing aids, hearing examinations/tests for the prescription/fitting of hearing aids, and cochlear electromagnetic hearing devices
- Reversal of voluntary sterilization
- Expenses related to organ donation for non-member recipients
- Alternative therapies/complementary medicine
- Dental care, including dental implants, and nonsurgical treatment of temporomandibular joint syndrome (TMJ)
- Music therapy, equestrian therapy, and hippotherapy
- Treatment of sexual dysfunction not related to organic disease except for sexual dysfunction resulting from injury
- Routine foot care, unless medically necessary or associated with the treatment of diabetes
- Foot orthotics, except for orthotics and podiatric appliances required for the prevention of complications associated with diabetes
- Routine physical exams for non-preventive purposes such as insurance or employment applications, college, or premarital examinations
- Immunizations for travel or employment
- Service or supplies payable under Workers' Compensation, Motor Vehicle Insurance, or other legislation of similar purpose
- Cosmetic services/supplies
- Vision care (except as specified in a group contract)
- Mental health substance abuse treatment services
- Self-injectable

This summary represents only a partial listing of the benefits and exclusions of the Personal Choice Program described in this summary. If your employer purchases another program, the benefits and exclusions may differ. Also, benefits and exclusions may be further defined by medical policy. As a result, this managed care plan may not cover all of your health care expenses. Read your contract/member handbook carefully for a complete listing of the terms, limitations, and exclusions of the program. If you need more information, please call 1-800-ASK BLUE (275-2583). For questions related to Mental Health/Substance Abuse services, call PENN BEHAVIORAL HEALTH at 1-888-321-5533.

Certain services require preapproval/precertification by the health plan prior to being performed. To obtain a list of services that require authorization, please log on to <http://www.ibx.com/preapproval> or call the phone number that is listed on the back of your identification card.