

The American Academy of Pediatrics (AAP) Family Readiness Kit

(<http://www.aap.org/family/frk/frkit.htm>)

Family Readiness Kit Preparing to Handle Disasters

The Family Readiness Kit was developed after talking with over 250 families, like yours. The ideas they shared were used to make a set of materials which reflect the needs of most families. Even though all families are unique, this information helps most of us to understand the basic information about preparing for a disaster.

This kit is for parents to use at home to help prepare for most kinds of disasters. In most families, mothers are likely to handle this responsibility. However, other family members often help too - fathers, grandparents, and even children. And because each family is different, family members other than Mom may take the lead in helping the family get ready for a disaster. Each family should handle this in a way they feel comfortable. Just make sure someone in the family does it.

Information on how to prepare the Family Readiness Kit is available at <http://www.aap.org/family/frk/frkit.htm>. This kit is only available online. There are no printed copies at this time.

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